

COMMUNITY ACTION OF LARAMIE COUNTY

HELPING LARAMIE COUNTY. HELPING EACH OTHER.

KINSHIP NEWSLETTER

COMMUNITY ACTION OF LARAMIE COUNTY IS A LEADER DEDICATED TO REDUCING POVERTY IN LARAMIE COUNTY BY EMPOWERING PEOPLE TO ACHIEVE SELF-SUFFICIENCY THROUGH PROMOTING ACCESS TO HEALTHCARE, EDUCATION, AND ADVOCACY WITH A NETWORK OF COMMUNITY PARTNERSHIP.





WHAT TO EXPECT:
CHEYENNE EVENTS
INFORMATION



KINSHIP SUPPORT SERVICES ASSISTS WITH TEMPORARY GUARDIANSHIP & OFFERS ASSISTANCE WITH CHILDREN'S EYEGLASSES. WYOMING IN-HOME SERVICES PROVIDES LIGHT HOUSEKEEPING & OTHER SERVICES TO PREVENT PREMATURE INSTITUTIONALIZATION.



Community Action of Laramie County

Helping Laramie County. Helping each other.

P.O. Box 106 • Cheyenne, WY 82003



EVENTS



LA CALAVERA CATRINA EXHIBITION

CHEYENNE BOTANIC GARDENS 710 S. LIONS PARK DR. CHEYENNE, WY 82001

DATES: SEPTEMBER 17, 2024 - November 16, 2024

TIME: 10:00 AM TO 5:00 PM

Experience the rich history and iconography of La Catrina through colorful and Joyful Large-Scale skeleton sculptures. Discover 8 eight-foot-tall sculptures created by Los Angeles-based artist Ricardo Soltero placed throughout the Shane Smith Conservatory and Paul Smith Children's Village.



POTTERY CLASS-HOCUS POCUS LANTERN

SILVER SAGE CERAMICS 3110 OLD FAITHFUL RD.
CHEYENNE, WY 82001

DATES: OCTOBER 1, 2024

PRICE:\$75

TIME:6:00 PM TO 9:00 PM

GET READY FOR SOME HOCUS POCUS IN THIS ONE-TIME EXPERIENCE LEARNING

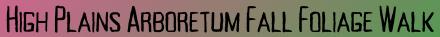
HOW TO HAND-BUILD A UNIQUE LANTERN! ADD A SMALL CANDLE OR A TEALIGHT

AND YOU HAVE A SPOOKY DECORATION TO USE FOR YEARS TO COME. THIS

PROJECT IS SLIGHTLY MORE INVOLVED THAN OUR OTHER ONES AND TAKES ABOUT

3 HOURS TO COMPLETE! OPTIONS FOR GLAZING WILL BE MADE AVAILABLE AT THE

TIME OF CLASS.



CHEYENNE BOTANIC GARDENS 710 S. LIONS PARK DR.
CHEYENNE, WY 82001

DATES: OCTOBER 4, 2024

PRICE:\$10

TIME:1:00 PM TO 2:30 PM



Take in the beauty of fall foliage at one of the best local sites for leaf peeping - the High Plains Arboretum!



PRICE:\$25 TIME:7:00 PM TO 9:00 PM

SPOOKY SZN IS HERE! JOIN HAUNTINGS ACROSS AMERICA AS THEY DIG DEEP INTO THE PARANORMAL ACTIVITIES AT THE CHEYENNE FRONTIER DAYSTM OLD WEST MUSEUM.



AUTUMN FEST - PUMPKIN PATCH

DATES:9/28/2024, 9/29/2024, 10/5/2024, 10/6/2024, 10/12/2024, 10/13/2024, 10/14/2024, 10/19/2024, 10/20/2024

3700 CAMPSTOOL RD .CHEYENNE, WY 82001

PRICE:\$10/ADULTS. \$5/CHILDREN AGE 2-8

ENJOY MAZES, TRAIN, PUMPKIN BOWLING, AND MORE!



BARK AND WINE

DATES: OCTOBER 5, 2024

RED LION HOTEL & CONFERENCE CENTER CHEYENNE 204 WEST FOX FARM ROAD

CHEYENNE, WY 82001

PRICE:\$90+ TIME:5:30 PM TO 9:00 PM

BARK AND WINE IS BLACK DOG ANIMAL RESCUE'S LARGEST ANNUAL FUNDRAISER! CELEBRATE YOUR LOVE FOR SHELTER PETS WITH US!

COCKTAIL ATTIRE.



FAMILY DAY: CREEPY CRAWLY CRITTERS

WYOMING STATE MUSEUM2301 CENTRAL AVENUE, 2301 CENTRAL AVENUE
CHEYENNE, WY 82002

PRICE:FREE
TIME:10:00 AM TO 2:00 PM

GET READY FOR SOME SPOOKY SEASON FUN AT THE WYOMING STATE

MUSEUM. WE'RE FILLING THE BUILDING WITH BATS, BUGS, AMPHIBIANS,

AND REPTILES SO YOU CAN LEARN ALL ABOUT THESE STRANGE AND

WONDERFUL ANIMALS. WE WILL HAVE SOMETHING FOR EVERYONE IN THE

FAMILY, FROM CRAFTS AND GAMES, TO EDUCATIONAL TALKS FROM

MUSEUM STAFF!

WWW.HIGHCOUNTRYCHEYENNE.COM | 307-638-8307



3320 E LINCOLNWAY, CHEYENNE, WY 82001

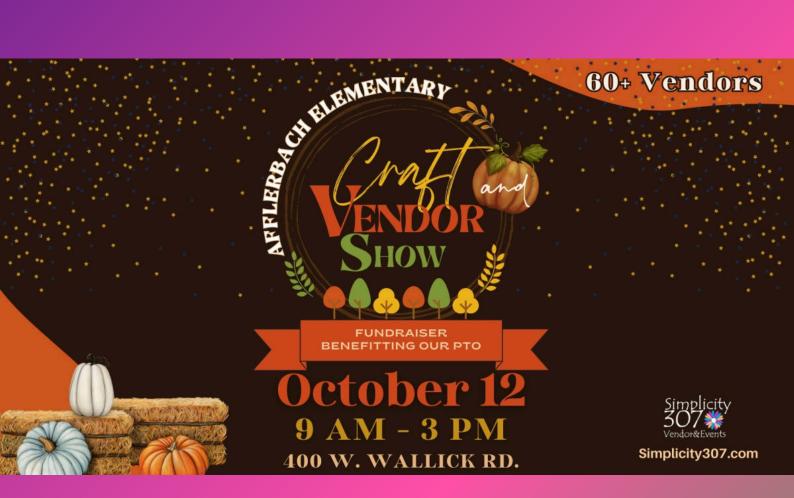
SATURDAY OCTOBER 12TH 9AM - 2PM





THE ORIGINAL ROUTE IS BACK!

THERE IS NO FEE TO PARTICIPATE, WE ASK THAT ALL RIDERS BRING A NEW AND/OR UNWRAPPED TOY.



THE CFD OLD WEST MUSEUM PRESENTS:



OCTOBER 17 [5:30 PM

\$15 FIRST CARD

150+ Vendors
Free Vendor Show
Entry
Free Parking



Halloween Carnival

by Laramie County 4-H

Trick-or-Treat

At participating vendor booths

Halloween Harvest Market

Event Center at Archer 3801 Archer Pkwv

October 19, 2024

10 am - 4 pm

Proceeds benefit Cheyenne Shriners & Laramie County 4-H



SPOOKY SEASON CRAFT & VENDOR SHOW

OCTOBER 26TH, 2024 10:00 AM - 4:00 PM

♥ 315 S. MAIN ST. | BURNS, WY 82053

FACE PAINTING - VENDORS - GAMES



OCT 12 2024 FRONTIER PARK LOT 8 7AM-1PH



EVERY SATURDAY AUGUST 10- OCTOBER 12 7:00 am - 1:00 pm



The last 2 markets of the season are October 5th & the 12th! Bring the kiddos out on the 12th for a free treat bag filled with goodies & candy and adults can enter our raffle for a market basket with vendor goodies. Don't forget to stock up before winter sets in.

Frontier Park • We accept EBT & Credit/Debit Cards

Sponsored By: -















Breakfast Menu October 2024 Student Meal Accounts Online Wednesday Thursday Tuesday Friday Monday You can easily manage your student's meal account at Free online services include SY 24-25 Breakfast Prices: Free \$0.00, Reduced \$0.00, Elementary Paid \$1.50, JH/HS Paid \$1.75, Adult \$3.00 -Set up email alerts for low balances Daily Entrées Available: Mini Chocolate Chip Benefit Bar, Assorted Cereal, Yogurt, Granola, Sausage Patty – P -View your student's purchases Breakfast is served with fruit and/or juice, and milk. Only 3.95% Credit Card Fee to add money to your student's account online. Checks and cash accepted at your student's **French Toast Sticks** Mini Cinnamon Fruit Frudel school at no extra charge. Sausage & Potato Bagel with Cream Rolls (Mini Cinnis) Breakfast Casserole - P Ultimate Breakfast Free and Reduced Applications SPOON Round (UBR) Cheese Ultimate Breakfast Bagel with Cream Cheese are accepted all school year. It's Round (UBR) quick and easy! Go to 11 Call 771-2440 for paper 10 applications and any **Blueberry Bread Chocolate Chip Yogurt Parfait** questions. Ultimate Breakfast Muffin with Berries No School No School Round (UBR) Bagel with Cream Ultimate Breakfast **ES Only** K-12 This institution is an equal Cheese Round (UBR) opportunity provider. 16 Tired of missing Pancake **Pumpkin Bread** Oatmeal with Fresh Fruit Fruit Frudel **MAJOR EVENTS in** No School on a Stick - P Ultimate Breakfast **Toppings** Ultimate Breakfast your family's lives? K-12 Ultimate Breakfast Round (UBR) Bagel with Cream Cheese Round (UBR) Round (UBR) Holidays? Tournaments? 22 25 24 Recitals? **Yogurt Parfait** Fruit Frudel **Chocolate Bread** Banana Sausage & Egg LCSD #1 Nutrition Ultimate Breakfast **Breakfast** with Berries Ultimate Breakfast Muffin Services is hiring! Bagel with Cream Sandwich - P Round (UBR) Bagel with Cream Cheese Round (UBR) NO NIGHTS Ultimate Breakfast Cheese NO WEEKENDS Round (UBR) NO HOLIDAYS Apply Today! Sausage & Potato www.laramie1.org French Toast Sticks Mini Cinnamon Pancake on a Stick - P Breakfast Casserole - P Bagel with Cream Rolls (Mini Cinnis) Ultimate Breakfast Bagel with Cream Cheese Cheese Ultimate Breakfast SCHOOL BREAKFAST Round (UBR) Round (UBR) LCSD#1 Elementary Lunch Menu October 2024 Wednesday Monday Tuesday Thursday Friday SY 24-25 Lunch Prices: Menu subject to change Turkey sandwiches on whole wheat bread are offered as Happy Birthday Fruit Snacks! Free - \$0.00 an additional entrée most days. If your birthday is in October nutrition.laramie1.org for updates. Reduced - \$0.00 you can have a free package of Each entrée comes with your choice of Elementary Paid - \$2.75 fruit snacks when you join us for P - Contains Pork fruit, vegetables and milk. JH/HS Paid - \$3.00 lunch on the 8th. This institution is an equal opportunity provider. √ – Vegetarian Entrée Adult/Visitor - \$4.25 Cheese Pizza V Super Nachos with **Oven Fried Chicken** Chicken Alfredo Snackable Box **Homemade Cheese Sauce** & Waffle with Garlic Breadstick Cheese, Goldfish, Sunflower Seeds) PBJ with Goldfish and String Cheese SMART SPOON Chicken Tenders Pepperoni Pizza Pocket Side: Fresh Veggie Patch Sides: Refried Beans Side: Fresh Veggie Patch Sides: Mini Sweet Peppers cafe Shredded Lettuce & Diced Tomatoes ☆☆Cookie☆☆ and Celery Sticks 10 11 **BBQ Pulled Pork** Hot Ham & Breakfast for Lunch No School √ Cinnamon Pancakes No School Sandwich - P **Cheese Croissant** PBJ with Goldfish and String Cheese V French Toast Sticks **ES Only** VBean & Cheese Burrito Sides: Cucumber Salad Sausage - P Side: Mini Roasted Potatoes Tomato Bites Sides: Hash Browns & Baby Carrots & Baby Carrots SCHOOL LUNCH PIRATES National School Lynch Week October 14-18 IND YOUR TREASURE FREELunch for All Students All Week! "Pag Lag" Corn Dog 15 "Pirate Ship" "Catch of the Day" 7 "Walk the Plank Fruit, Yogurt & Cheese Plate VFrench Bread Boat Fish & Chips Walking Tacos Sides: Baked Beans PBJ with Goldfish and Fruit, Yogurt, and Cheese Plate Pepperoni Pizza Pocket **Baby Carrots** Side: Mexicali Corn String Cheese Side: Fresh ☆☆Pirate's Booty Sides: Veggie Planks and Dip ☆☆Frozen Fruit Cup☆☆ Veggie Patch Cheese Puffs ☆☆ Chicken Nuggets 21 **Breakfast for Lunch** 23 Homemade Pizza Rippers: Hamburger PBJ with Goldfish and V Bean & Cheese Burrito Chicken Chili V Cinnamon Pancakes **V***Cheese or Pepperoni Pepperoni Pizza Pocket French Toast Sticks Side: Fresh Veggie Patch Side: Cheesy Broccoli String Cheese Sausage - P Sides: Steamed Corn & Sides: Baked Beans & Potato Smiles Sides: Hash Browns & Baby Carrots Tomato Bites ☆☆Chocolate Pudding☆☆ Cheese PizzaV Honey Mustard 28 Super Nachos with 30 Oven Fried Chicken 31 Snackable Box Chicken Drumstick **Homemade Cheese Sauce** & Waffle ese, Goldfish, Sunflo

Chicken Tenders

Sides: Refried Beans

Shredded Lettuce & Diced Tomatoes

Side: Fresh Veggie Patch

Pepperoni Pizza Pocket

Sides: Mini Sweet Peppers

and Celery Sticks

VBean & Cheese Burrito

Sides: Mashed Potatoes & Baby Carrots

Breakfast Menu October 2024

Monday	Tuesday	Wednesday	Thursday	Friday
French Toast Sticks	Biscuits & Gravy-P	Breakfast Burrito-P	Waffles -or- Breakfast Pizza - P	Breakfast Burrito-P

Secondary Breakfast Prices: - Free: \$0.00, Reduced: \$0.00, Paid: \$1.75, Adult: \$3.00

In addition to the regular menu above, students will have other entrée choices such as Breakfast Sandwiches, Pancake on a Stick - P, Smoothies, Ultimate Breakfast Round, Breakfast Bar, Yogurt Parfait with Granola, Bagel & Cream Cheese, and a variety of whole grain cold cereals. Each meal also comes with your choice of fruit, juice, and milk.

(P-Contains Pork)

Tired of missing MAJOR EVENTS in your family's lives?

Holidays? Tournaments? Recitals?

LCSD #1 Nutrition Services is hiring!

NO NIGHTS NO WEEKENDS **NO HOLIDAYS** Apply Today!

<u>www.laramie1.org</u>

Secondary Lunch Prices

Free: \$0.00

Reduced: \$0.00

Paid: \$3.00

Adults/Visitors: \$4.25

This institution is an equal opportunity provider.



Student Meal Accounts Online

You can easily manage your student's meal account at https://linaconnect.com/

Free online services include

- -Set up email alerts for low balances
- -View your student's purchases

Only 3.95% Credit Card Fee to add money to your student's account online. Checks and cash accepted at your student's school at no extra charge.

Free and Reduced Applications are accepted all school year. It's quick and easy!

Go to https://lingconnect.com/ Call 771-2440 for paper applications and any questions.



LCSD#1 Secondary Lunch Menu October 2024

Join us for lunch on your birthday and get a free a la carte item!



In addition to the main **THURSDAY FRIDAY**

SMART SPOON — cafe —	
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MONDAY

Cuban Sandwich Pocket

TUESDAY

Side: Steamed Corn & Tomato Bites

Diced Tomatoes

Super Nachos with Homemade Cheese Sauce 🧪 Sides: Refried Beans Shredded Lettuce

WEDNESDAY

Oven Fried Chicken and Waffles Sides: Mini Sweet

Peppers & Celery Sticks

<u>Italian Bar</u> **Build Your Own!** Side: Fresh Veggie Patch প্রস্ক Cookie প্রস্ক

No School

YOUR TREASURE

"Walk the Plank"

Walking Tacos

Side: Mexicali Corn

☆☆Frozen Fruit Cup☆☆

SCHOOL LUNCH PIRATES

entrée line, each Secondary School has several other entrée options customized for the students at their school.

(Not all choices are available every day. See your

BBQ Pulled Pork Sandwich Sides: Mini Roasted Potatoes & Baby Carrots

Hot Ham & **Cheese Croissant** Sides: Cucumber Salad

Tomato Bites ☆☆Banana Bread☆☆

National School Lynch Week October 14-18

FREELunch for All Students All Week!

Breakfast for Lunch Pancakes or French Toast

With Sausage - P Sides: Hash Browns **Baby Carrots**

Cook's Choice 10 See your café for today's selection Side: Fresh Veggie

Patch Early Release JH/HS

K-12 **Hot Sandwiches:**

Chicken Patty, Spicy Chicken Patty, All-Beef Cheeseburger

Lighter Options:

Cheddar Baked Potato√ **Assorted Salads** Salad Shakers **Deli Sandwiches** Wraps

Pizza Slice:

Cheese V or Pepperoni daily

All meals include your choice of fruit, vegetables and milk. A la carte options are sold separately.

Chicken Tenders

"Pag Lag" Corn Dogs Sides: Baked Beans **Baby Carrots**

A Pirate's Booty Cheese Puffs

French Bread Boat V Sides: Veggie Planks & Dip Breakfast

"Pirate Ship"

for Lunch Pancakes or French Toast With Sausage - F Sides: Hash Browns **Baby Carrots**

"Catch 17 of the Day" Fish & Chips

Side: Fresh Veggie Patch

Quesadillas

See your café for

today's selection

Side: Fresh Veggie

Patch

Burger Bar **Build Your Own!** Side: Baked Beans

☆☆Chocolate Pudding☆☆

- Vegetarian - Spicy

- Contains Pork Menu subject to change based on availability.

Original -or- Spicy Side: Cheesy Broccoli

Honey Mustard

Chicken Drumsticks

Sides: Mashed

Potatoes & Baby

Carrots

28

Homemade Chicken Chili Side: Steamed Corn &

Tomato Bites ☆☆Apple Crisp☆☆

Cuban Sandwich Pocket Side: Steamed Corn & Tomato Bites

with Homemade **Cheese Sauce** Sides: Refried Beans Shredded Lettuce

Diced Tomatoes

Super Nachos 30

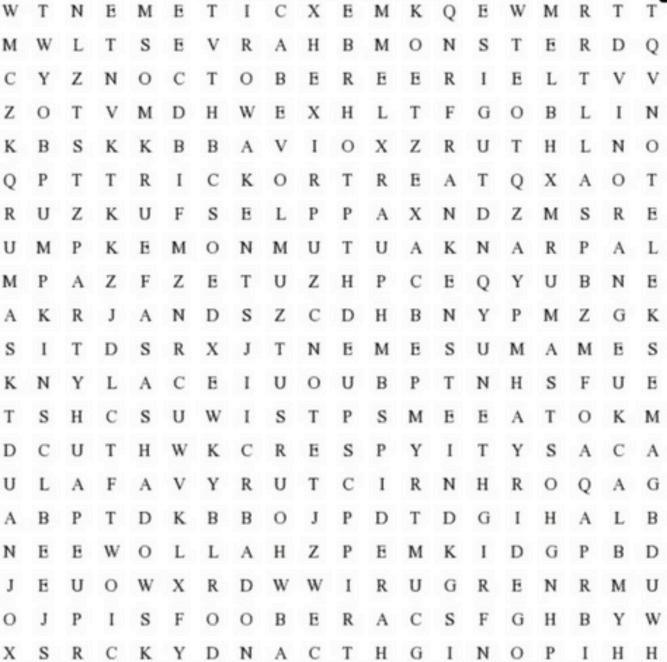
Oven Fried Chicken and Waffles Sides: Mini Sweet Peppers & Celery Sticks

This institution is an equal opportunity provider.



HALLOWEEN WORD SEARCH





AMUSEMENT
BATS
CANDY
DRACULA
FRANKENSTEIN
GHOSTS
HARVEST
MONSTER
OCTOBER
PRANK
SCARE
SPIDER

WITCH

APPLES
BLACK
CAT
EERIE
FRIGHTEN
GOBLIN
HAYRIDE
MUMMY
ORANGE
PUMPKINS
SHADOWS
SPOOKY

AUTUMN
BOO
COSTUMES
EXCITEMENT
GAMES
HALLOWEEN
MASK
NIGHT
PARTY
SAFE
SKELETON

TRICKORTREAT





Crossroads
Healthcare
Clinic - MAT
Program

Lunch will be provided

LEARNING OVER LUNCH

RSVP to taylor@calc.net or call 307-635-9291

12-2PM

OCT 3RD

SAGE ROOM

Laramie County Library 2200 Pioneer Ave Cheyenne, WY 82001



Spread holiday cheer and make a difference in our community!

DONATIONS ACCEPTED
THROUGH NOV. 22ND 2024

1700 WESTLAND RD. CHEYENNE, WY

HOW CAN YOU HELP?

- NEW OR UNOPENED TOYS
- MONETARY DONATION

Help low-income families celebrate the holiday season.

For more information, call Avery 307-635-9291



www.calc.net

Can't afford an attorney? Need assistance with filling out legal forms? Have questions about the court system?

GET FREE LEGAL INFORMATION FROM A VOLUNTEER REFERENCE ATTORNEY

A volunteer attorney will be available for brief one-on-one visits with community members who are unable to afford the services of an attorney. These will be informational meetings that may include instruction in filling out legal forms and navigating the court system.

No consultation for criminal matters, traffic matters, or business matters (which includes the owning and management of rental properties).

OCTOBER	3	2024		
OCTOBER	17	2024		
NOVEMBER	7	2024		
NOVEMBER	21	2024		
DECEMBER	5	2024		
DECEMBER	19	2024		
2:00 - 4:00 PM				

Laramie County District Court 309 W 20th St, 3rd floor Chevenne, WY



Free. First come, first served.



ARE YOU A WYOMING HOMEOWNER STRUGGLING TO PAY BILLS?

Under the Wyoming Homeowner Assistance Fund (HAF) Program, eligible homeowners can receive up to \$17,000 as a one-time award to cover delinquent mortgages, up to 3 consecutive months of forward mortgage payments and/or PAST DUE utilities, property taxes, homeowners insurance or homeowner association dues.

FUNDS ARE LIMITED. APPLY ONLINE TODAY.

Wyoming Homeowner Assistance Fund Program VISIT DFS.WYO.GOV/HAF OR CALL 1-888-WYO-HAFP





Are you a Wyoming homeowner who has fallen behind on mortgage payments, utility bills or other housingrelated costs? The Wyoming Homeowner Assistance Fund (HAF) Program focuses on helping Wyoming homeowners, who have been financially impacted by COVID-19 and meet eligibility criteria, stay in their homes. Wyoming Homeowner Assistance Fund Program (HAF) - Wyoming Department of Family Services https://dfs.wyo.gov/assistance-programs/home-utilitiesenergy-assistance/homeowner-assistance/

WYOMING HAF PROGRAM DASHBOARD (UPDATED 08/17/2023)

HOW MANY WYOMING HOUSEHOLDS HAS THE HAF PROGRAM HELPED?

% 1,384

Total Households Helped

₽\$7,520

Average Assistance Paid



STATUS OF HAF APPLICATIONS

Currently in

On hold pending housing education

Submitted Applications Currently Being Reviewed



1.384 Approved & Paid



Property Taxes

PAYMENT BREAKDOWN

Deliquent Mortgages

Forward Mortgages



lomeowner Issociation Dues

HOUSING EDUCATION

successfully completed housing education

Wyoming Homeowner Assistance Fund Progam APPLY AT DFS.WYO.GOV/HAF



Adult and Children's Eyeglasses

Community Action of Laramie County is now accepting applications for the adult and our children's eyeglass programs. If you are in need of assistance, please complete an application to be placed on our waiting list. You can get an application from our front desk Monday through Friday 8:00am to 5:00pm.

If your child needs eyeglasses, please contact your child's school nurse who will refer them to Community Action of Laramie County to begin the process.

Temporary Guardianship

Through temporary guardianship services, we offer the District Court Guardianship Pro Se' packet, as well as assistance in packet completion. There are no age restrictions to access this program. Temporary guardianship provides the petitioner with the ability to achieve school registration, acquire healthcare, access legal documentation, and act on a child's behalf.

Our fee is based on the services requested and, with proof of income, is based on a sliding fee scale.

"OCTOBER IS A SYMPHONY OF PERMANENCE AND CHANGE."
BONARO W. OVERSTREET



Approved Project Hope participants enter into a 1 year contract to receive Intensive case management services to enhance life skills, achieve and maintain their housing, build social skills and community relationships and to address their individual needs with the goal of becoming self-sufficient.



Working in close partnership with the Cheyenne VA Medical Center, our Veteran Housing Services provides short-term housing for homeless veterans as they work with case managers to secure permanent housing.



Crossroads Healthcare Clinic provides primary medical care, mental health services and substance abuse services to individuals and families who are currently homeless and a small percentage of low-income persons who are currently housed.



"This document was developed under Grant(s) from the U.S.

Department of Health and Human Services, Administration on
Community Living and the Wyoming Department of Health, Aging
Division, Community Living Section. However, these contents do
not necessarily represent the policy of the U.S. Department of
Health and Human Services, Administration on Community Living
and the Wyoming Department of Health, and you should not
assume endorsement by the Federal or State government."

