



# COMMUNITY ACTION OF LARAMIE COUNTY

HELPING LARAMIE COUNTY. HELPING EACH OTHER.

## KINSHIP NEWSLETTER

### OLDER RELATIVE CAREGIVER PROGRAM

OUR OLDER RELATIVE CAREGIVER PROGRAM IS DESIGNED TO ASSIST OLDER CAREGIVERS (55+) WHO ARE RAISING RELATIVES EITHER UNDER THE AGE OF 18 OR UNDER THE AGE OF 59 AND LIVING WITH A DISABILITY. THE PROGRAM'S MISSION IS TO INSTILL A SENSE OF HOPE, ACCOMPLISHED BY LINKING FAMILIES TO COMMUNITY RESOURCES; OFFERING ASSISTANCE IN REQUIRED DOCUMENT COMPLETION; HOSTING MONTHLY SUPPORT GROUP MEETINGS WITH PROVIDED CAREGIVER RESPITE; AND BY OFFERING A VARIETY OF SUPPLEMENTAL SERVICES.



◆ September Support Group p2

◆ Events Around Town p3 thru6



YOU ARE INVITED TO OUR

# Final Support Group

*This will be Community Action's final support group with the ORC program. Wyoming Senior Citizens INC will be speaking at the support group about the program transition. The dinner will consist of soul food (fried chicken, grilled chicken, corn bread, mashed potatoes etc.). If you would like to bring a dish, please let us know what when you RSVP! Please come join us for an evening of info, food, games and more!!*

—•••••  
**Date & Time**

**12 SEPTEMBER, 2024 | 05:00 PM**

**Location**

**108 E 18th ST**



## Dust off your wagons!

The Cheyenne Farmers Market will run every Saturday August 10 - October 12 from 7am to 1pm at Frontier Park.

Come shop all your favorite vendors and say hello to the **10 new vendors** this year! With 47 vendors to chose from, you will find something delicious!

Follow us on Facebook to get a Friday listing of all the vendors at the market that week! See you in a couple of weeks!

**The Cheyenne  
Farmers Market®**



[www.calc.net](http://www.calc.net)

# Hell on Wheels Rodeo and Chuck Wagon Dinner

Laramie County Fair Complex  
at Archer 3801 Archer  
Pkwy Cheyenne, WY 82009

Price: \$25-  
75  
Time: 5:30 PM to  
9:30 PM



A stop in Cheyenne isn't complete without a real Western rodeo experience. Nothing gets you closer to our heritage than a real cowboy dinner and a home-grown rodeo under a famous Wyoming sunset! Award-winning 3LazyR Chuck Wagon will be fixin' up dinner the old-fashioned way—slow-cooked over a fire all afternoon. Brisket and beans, garlic-roasted baby potatoes, and warm berry cobbler will fill your belly with a true taste of the West. Then, mosey over to the rodeo arena to cheer on our hometown cowboys and cowgirls competing in events including Bareback Riding, Saddle Bronc, Breakaway Roping, Steer Wrestling, Barrels, Bull Riding, and more.

Celebrate 70 years of the  
Cheyenne Symphony Orchestra

## Annual Gala



September 14, 2024

More details to come...

## Cheyenne Symphony's 66th Annual Gala

Little America Hotel &  
Resort 2800 W.  
Lincolnway Cheyenne, WY  
82003-1529

Price: \$125  
Time: 5:00  
PM to  
9:00 PM

An evening of elegance and glamour to kick off CSO's 70th season! The evening includes a cocktail hour, three-course gourmet meal, live entertainment, and silent and live auctions at the Little America Grand Ballroom. Black tie optional. Corporate tables are available, please call CSO offices for more information. Champagne Reception sponsored by Real Horizons.

**GREAT BISON  
SHUFFLE  
2024**



## 2024 Great Bison Shuffle

Terry Bison Ranch 51 I-25  
Service Road Cheyenne,  
WY 82007

Price: \$10-\$75  
Time: 7:30  
AM

The terrain includes gentle rolling prairie pasture, a short rocky hill we refer to as "The Terry Bison Incline", and buffalo trails. This scenic course is at times challenging but worth it for the amazing and unique views! Proceeds from the race will be used to purchase new exercise equipment for the Cardiac and Pulmonary Rehab programs.

**FREE ENTRY**

**SEPTEMBER 14**

**100+ VENDORS**

**Heroes**

**FALL**

**EXTRAVAGANZA  
CRAFT & VENDOR SHOW**

**10 AM - 3 PM**

**CHEYENNE ICE & EVENTS CENTER**

**PROCEEDS BENEFIT SIMPLY HEROES**



# TRACELTIC THUNDER ODYSSEY




**SATURDAY, SEPTEMBER 28**  
**CHEYENNE CIVIC CENTER**

ON TV • ON CD • ON DVD • ON TOUR



# Breakfast Menu

# August-September 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<b>SY 24-25 Breakfast Prices:</b> Free \$0.00, Reduced \$0.00, Elementary Paid \$1.50, JH/HS Paid \$1.75, Adult \$3.00 <b>Daily Entrées Available:</b> Mini Chocolate Chip Benefit Bar, Assorted Cereal, Yogurt, Granola, Sausage Patty – P P – Contains Pork Breakfast is served with fruit and/or juice, and milk.				
26 <b>Chocolate Bread</b> Ultimate Breakfast Round (UBR)	27 <b>Banana Muffin</b> Bagel with Cream Cheese	<b>NEW</b> 28 <b>Sausage &amp; Egg Breakfast Sandwich – P</b> Ultimate Breakfast Round (UBR)	29 <b>Yogurt Parfait with Berries</b> Bagel with Cream Cheese	30 <b>Fruit Frudel</b> Ultimate Breakfast Round (UBR)
<b>HAPPY LABOR DAY</b> 2	3 <b>Pancake on a Stick - P</b> Ultimate Breakfast Round (UBR)	4 <b>Mini Cinnamon Rolls (Mini Cinnis)</b> Ultimate Breakfast Round (UBR)	<b>NEW</b> 5 <b>Sausage &amp; Potato Breakfast Casserole – P</b> Bagel with Cream Cheese	6 <b>Fruit Frudel</b> Ultimate Breakfast Round (UBR)
9 <b>Blueberry Bread</b> Ultimate Breakfast Round (UBR)	10 <b>Chocolate Chip Muffin</b> Bagel with Cream Cheese	11 <b>Yogurt Parfait with Berries</b> Ultimate Breakfast Round (UBR)	<b>NEW</b> 12 <b>Ham &amp; Egg Breakfast Sandwich</b> Bagel with Cream Cheese	13 <b>Fruit Frudel</b> Ultimate Breakfast Round (UBR)
16 <b>Pancake on a Stick - P</b> Ultimate Breakfast Round (UBR)	17 <b>French Toast Sticks</b> Bagel with Cream Cheese	18 <b>Pumpkin Bread</b> Ultimate Breakfast Round (UBR)	<b>NEW</b> 19 <b>Baked Oatmeal with Blueberries</b> Bagel with Cream Cheese	20 <b>Fruit Frudel</b> Ultimate Breakfast Round (UBR)
23 <b>Chocolate Bread</b> Ultimate Breakfast Round (UBR)	24 <b>Banana Muffin</b> Bagel with Cream Cheese	<b>NEW</b> 25 <b>Sausage &amp; Egg Breakfast Sandwich – P</b> Ultimate Breakfast Round (UBR)	26 <b>Yogurt Parfait with Berries</b> Bagel with Cream Cheese	27 <b>Fruit Frudel</b> Ultimate Breakfast Round (UBR)
30 <b>Pancake on a Stick - P</b> Ultimate Breakfast Round (UBR)		<b>FREE MEALS FOR ALL STUDENTS AT THE FOLLOWING SCHOOLS IN SY 24-25:</b> Afflerbach, Arp, Bain, Cole, Fairview, Goins, Hebard, Johnson, Lebhart, Rossman, South, Sunrise, Triumph		

### Student Meal Accounts Online

You can easily manage your student's meal account at <https://lingconnect.com/>  
 Free online services include  
 -Set up email alerts for low balances  
 -View your student's purchases  
 Only 3.95% Credit Card Fee to add money to your student's account online. Checks and cash accepted at your student's school at no extra charge.

**Free and Reduced Applications** are accepted all school year. It's quick and easy!

Go to <https://lingconnect.com/>  
 Call 771-2440 for paper applications and any questions.

**This institution is an equal opportunity provider.**



**Tired of missing MAJOR EVENTS in your family's lives?**  
 Holidays?  
 Tournaments?  
 Recitals?

**LCS#1 Nutrition Services is hiring!**  
 NO NIGHTS  
 NO WEEKENDS  
 NO HOLIDAYS  
**Apply Today!**

[www.laramie1.org](http://www.laramie1.org)



## LCS#1 Elementary Lunch Menu August-September 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Happy Birthday Fruit Snacks! If your birthday is in August/September you can have a free package of fruit snacks when you join us for lunch on the 10 <sup>th</sup> .	<b>SY 24-25 Lunch Prices:</b> Free – \$0.00 Reduced – \$0.00 Elementary Paid – \$2.75 JH/HS Paid – \$3.00 Adult/Visitor – \$4.25	Menu subject to change based on availability. Go to <a href="http://nutrition.laramie1.org">nutrition.laramie1.org</a> for updates. P – Contains Pork ✓ – Vegetarian Entrée	<b>Turkey sandwiches on whole wheat bread are offered as an additional entrée most days.</b> Each entrée comes with your choice of fruit, vegetables and milk. This institution is an equal opportunity provider.	
26 <b>Chicken Nuggets</b> Bean & Cheese Burrito Side: Cheesy Broccoli	27 <b>Homemade Chicken Chili</b> Pepperoni Pizza Pocket Sides: Steamed Corn & Tomato Bites	28 <b>Breakfast for Lunch</b> ✓ Cinnamon Pancakes ✓ French Toast Sticks Sausage - P Sides: Hash Browns & Baby Carrots	29 <b>Hamburger</b> ✓ PBJ with Goldfish and String Cheese Sides: Baked Beans & Potato Smiles Shredded Lettuce & Sliced Tomatoes ☆☆Chocolate Pudding☆☆	30 <b>Pizza Rippers:</b> ✓ Cheese or Pepperoni Sides: Baby Carrots & Tomato Bites Early Release K-12
<b>HAPPY LABOR DAY</b> 2	3 <b>Honey Mustard Chicken Drumstick</b> ✓ Bean & Cheese Burrito Sides: Mashed Potatoes & Baby Carrots	4 <b>Super Nachos with Homemade Cheese Sauce</b> Chicken Tenders Sides: Refried Beans Shredded Lettuce & Diced Tomatoes	 5 <b>NATIONAL CHEESE PIZZA DAY</b> ✓ Cheese Pizza Side: Fresh Veggie Patch	6 ✓ Cheesy Lasagna with Garlic Breadstick ✓ PBJ with Goldfish and String Cheese Side: Fresh Veggie Patch ☆☆Cookie☆☆
9 <b>BBQ Pulled Pork Sandwich – P</b> ✓ Bean & Cheese Burrito Side: Mini Roasted Potatoes & Baby Carrots	10 <b>Hot Ham &amp; Cheese Croissant</b> ✓ PBJ with Goldfish and String Cheese Sides: Cucumber Salad, Tomato Bites	11 <b>Breakfast for Lunch</b> ✓ Cinnamon Pancakes ✓ French Toast Sticks Sausage - P Sides: Hash Browns & Baby Carrots	12 <b>Asian Chicken Drumstick with Brown Rice</b> ✓ Fruit, Yogurt & Cheese Plate Sides: Fresh Veggie Patch ☆☆Fortune Cookie☆☆	13 ✓ Cheese Dunkers with Marinara Sauce ✓ Cheddar Baked Potato Side: Fresh Veggie Patch
16 <b>Corn Dog</b> Fruit, Yogurt & Cheese Plate Sides: Sweet Potato Waffle Fries, Baby Carrots	17 ✓ French Bread Boat with Marinara Sauce ✓ PBJ with Goldfish and String Cheese Side: Fresh Veggie Patch	18 ✓ Mac & Cheese Pepperoni Pizza Pocket Sides: Smoky Roasted Cauliflower & Tomato Bites	19 <b>Homemade Chili</b> Chicken Tenders Side: Fresh Veggie Patch ☆☆Cinnamon Roll☆☆	20 <b>Soft Tacos: Shredded Chicken or Pork Carnitas - P</b> Sides: Mexicali Corn Shredded Lettuce & Diced Tomatoes ☆☆Frozen Fruit Cup☆☆
23 ✓ Chicken Nuggets Bean & Cheese Burrito Side: Cheesy Broccoli	24 <b>Homemade Chicken Chili</b> Pepperoni Pizza Pocket Sides: Steamed Corn & Tomato Bites	25 <b>Breakfast for Lunch</b> ✓ Cinnamon Pancakes ✓ French Toast Sticks Sausage - P Sides: Hash Browns & Baby Carrots	26 <b>Pizza Rippers:</b> ✓ Cheese or Pepperoni Side: Fresh Veggie Patch	27 ✓ Hamburger ✓ PBJ with Goldfish and String Cheese Sides: Baked Beans & Potato Smiles ☆☆Vanilla Pudding☆☆
30 <b>BBQ Chicken Drumstick</b> ✓ Bean & Cheese Burrito Sides: Mashed Potatoes & Baby Carrots		<b>FREE MEALS FOR ALL STUDENTS AT THE FOLLOWING SCHOOLS in SY 24-25:</b> Afflerbach, Arp, Bain, Cole, Fairview, Goins, Hebard, Johnson, Lebhart, Rossman, South, Sunrise, Triumph		

# Breakfast Menu

August-September 2024

Monday	Tuesday	Wednesday	Thursday	Friday
✓ French Toast Sticks	Biscuits & Gravy-P	Breakfast Burrito-P	✓ Waffles -or- Breakfast Pizza - P	Breakfast Burrito-P

Secondary Breakfast Prices: - Free: \$0.00, Reduced: \$0.00, Paid: \$1.75, Adult: \$3.00

In addition to the regular menu above, students will have other entrée choices such as Breakfast Sandwiches, Pancake on a Stick - P, Smoothies, Ultimate Breakfast Round, Breakfast Bar, Yogurt Parfait with Granola, Bagel & Cream Cheese, and a variety of whole grain cold cereals. Each meal also comes with your choice of fruit, juice, and milk.  
(P-Contains Pork)

**Tired of missing MAJOR EVENTS in your family's lives?**  
Holidays?  
Tournaments?  
Recitals?  
**LCSD #1 Nutrition Services is hiring!**  
NO NIGHTS  
NO WEEKENDS  
NO HOLIDAYS  
**Apply Today!**  
[www.laramie1.org](http://www.laramie1.org)

**Secondary Lunch Prices**  
Free: \$0.00  
Reduced: \$0.00  
Paid: \$3.00  
Adults/Visitors: \$4.25

This institution is an equal opportunity provider.



**Student Meal Accounts Online**  
You can easily manage your student's meal account at <https://linqconnect.com/>  
*Free online services include*  
-Set up email alerts for low balances  
-View your student's purchases  
Only 3.95% Credit Card Fee to add money to your student's account online. Checks and cash accepted at your student's school at no extra charge.  
**Free and Reduced Applications** are accepted all school year. It's quick and easy!  
Go to <https://linqconnect.com/> Call 771-2440 for paper applications and any questions.



## LCSD#1 Secondary Lunch Menu August-September 2024

Join us for lunch on your birthday and get a free a la carte item!

WELCOME BACK!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
26 <b>Chicken Tenders Original -or- Spicy</b> Side: Cheesy Broccoli	27 <b>Homemade Chicken Chili</b> Side: Steamed Corn & Tomato Bites ☆☆Apple Crisp☆☆	28 <b>Breakfast for Lunch</b> ✓ Pancakes or French Toast With Sausage - P Sides: Hash Browns Baby Carrots	29 <b>Burger Bar Build Your Own!</b> Side: Baked Beans ☆☆Chocolate Pudding☆☆	30 <b>Cook's Choice</b> <i>See your café for today's selection</i> Sides: Baby Carrots & Tomato Bites
2 <b>HAPPY LABOR DAY</b>	3 <b>Honey Mustard Chicken Drumsticks</b> Sides: Mashed Potatoes & Baby Carrots	4 <b>Super Nachos with Homemade Cheese Sauce</b> Sides: Refried Beans Shredded Lettuce Diced Tomatoes	5 <b>NATIONAL CHEESE PIZZA DAY</b> <b>Pizza Variety</b> <i>See your café for today's selection</i> Side: Fresh Veggie Patch	6 <b>Italian Bar Build Your Own!</b> Side: Fresh Veggie Patch ☆☆Cookie☆☆
9 <b>BBQ Pulled Pork Sandwich</b> Sides: Mini Roasted Potatoes & Baby Carrots	10 <b>Hot Ham &amp; Cheese Croissant</b> Sides: Cucumber Salad Tomato Bites ☆☆Banana Bread☆☆	11 <b>Breakfast for Lunch</b> ✓ Pancakes or French Toast With Sausage - P Sides: Hash Browns Baby Carrots	12 <b>Asian Chicken Drumstick with Brown Rice</b> Side: Fresh Veggie Patch	13 <b>Potato Bar Build Your Own!</b> Side: Fresh Veggie Patch
16 <b>Corn Dogs</b> Side: Sweet Potato Waffle Fries Baby Carrots	17 <b>Cook's Choice</b> <i>See your café for today's selection</i> Side: Fresh Veggie Patch	18 <b>Mac &amp; Cheese</b> Sides: Smoky Roasted Cauliflower & Tomato Bites	19 <b>Homemade Chili</b> Side: Fresh Veggie Patch ☆☆Cinnamon Roll☆☆	20 <b>Taco Bar Build Your Own!</b> Side: Mexicali Corn Taco Toppings ☆☆Frozen Fruit Cup☆☆
23 <b>Chicken Tenders Original -or- Spicy</b> Side: Cheesy Broccoli	24 <b>Homemade Chicken Chili</b> Side: Steamed Corn & Tomato Bites ☆☆Apple Crisp☆☆	25 <b>Breakfast for Lunch</b> Pancakes or French Toast With Sausage - P Sides: Hash Browns Baby Carrots	26 <b>Quesadillas</b> <i>See your café for today's selection</i> Side: Fresh Veggie Patch	27 <b>Burger Bar Build Your Own!</b> Side: Baked Beans ☆☆Vanilla Pudding☆☆
30 <b>BBQ Chicken Drumsticks</b> Sides: Mashed Potatoes & Baby Carrots	<b>SMART SPOON cafe</b>	FREE MEALS FOR ALL STUDENTS AT THE FOLLOWING SCHOOLS IN SY 24-25: Afflerbach, Arp, Bain, Cole, Fairview, Goins, Hebard, Johnson, Lebhart, Rossman, South, Sunrise, Triumph		

In addition to the main entrée line, each Secondary School has several other entrée options customized for the students at their school.  
(Not all choices are available every day. See your café for the daily menu.)

**Hot Sandwiches:**  
Chicken Patty,  
Spicy Chicken Patty,  
All-Beef Cheeseburger

**Lighter Options:**  
Cheddar Baked Potato  
Assorted Salads  
Salad Shakers  
Deli Sandwiches  
Wraps

**Pizza Slice:**  
Cheese  
or Pepperoni daily

All meals include your choice of fruit, vegetables and milk. A la carte options are sold separately.

✓ - Vegetarian  
🔥 - Spicy  
P - Contains Pork  
Menu subject to change based on availability.

This institution is an equal opportunity provider.



# LIST OF COUNTRIES

O E P B K Q T P Y G E B J X B A N G L A D E S H S U R P Y C A N A W S T O B  
 N H S O A D A N E R G P E B U R K I N A F A S O A N A I L A R T S U A S A S  
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 I G R N C V A Y N E K Z N L R I A D N C E N T I V M A D A G A S C A R U A T  
 H V I U G E O R G I A R Y D A I R L S G O T X N X I T U O B I J D Y Q B X R  
 C F S R I L A N K A I B M A G Q L E U C N O N A B E L S O D A B R A B F C B

Zambia	Yemen	Viet Nam	Vanuatu	Uruguay	Ukraine	Uganda
Tuvalu	Turkey	Tunisia	Tonga	Togo	Thailand	Syria
Sweden	Swaziland	Suriname	Sudan	Sri Lanka	Spain	South Africa
Somalia	Slovenia	Slovakia	Singapore	Seychelles	Serbia	Senegal
Saudi Arabia	San Marino	Samoa	Saint Lucia	Rwanda	Russian	Romania
Qatar	Portugal	Poland	Philippines	Peru	Paraguay	Papua New Guinea
Panama	Palau	Pakistan	Oman	Norway	Nigeria	Niger
Nicaragua	New Zealand	Netherlands	Nepal	Nauru	Namibia	Myanmar
Mozambique	Morocco	Montenegro	Mongolia	Monaco	Mexico	Mauritius
Mauritania	Marshall Islands	Malta	Mali	Maldives	Malaysia	Malawi
Madagascar	Luxembourg	Lithuania	Liechtenstein	Libya	Liberia	Lesotho
Lebanon	Latvia	Kyrgyzstan	Kuwait	Kiribati	Kenya	Kazakhstan
Jordan	Japan	Jamaica	Italy	Israel	Ireland	Iraq
Iran	Indonesia	India	Iceland	Hungary	Honduras	Haiti
Guyana	Guinea-Bissau	Guinea	Guatemala	Grenada	Greece	Ghana
Germany	Georgia	Gambia	Gabon	France	Finland	Fiji
Ethiopia	Estonia	Eritrea	Equatorial Guinea	El Salvador	Egypt	Ecuador
Dominican Republic	Dominica	Djibouti	Denmark	Czech Republic	Cyprus	Cuba
Croatia	Côte d'Ivoire	Costa Rica	Congo	Comoros	Colombia	China
Chile	Chad	Cape Verde	Canada	Cameroon	Cambodia	Burundi
Burkina Faso	Bulgaria	Brunei Darussalam	Brazil	Botswana	Botswana	Bhutan
Benin	Belize	Belgium	Belarus	Barbados	Bangladesh	Bahrain
Bahamas	Azerbaijan	Austria	Australia	Armenia	Argentina	Angola
Andorra	Algeria	Albania	Afghanistan			





# ARE YOU A WYOMING HOMEOWNER STRUGGLING TO PAY BILLS?

Under the Wyoming Homeowner Assistance Fund (HAF) Program, eligible homeowners can receive up to \$17,000 as a one-time award to cover delinquent mortgages, up to 3 consecutive months of forward mortgage payments and/or PAST DUE utilities, property taxes, homeowners insurance or homeowner association dues.

**FUNDS ARE LIMITED. APPLY ONLINE TODAY.**

Wyoming Homeowner Assistance Fund Program

VISIT [DFS.WYO.GOV/HAF](https://dfs.wyo.gov/HAF) OR CALL 1-888-WYO-HAF



Are you a Wyoming homeowner who has fallen behind on mortgage payments, utility bills or other housing-related costs? The Wyoming Homeowner Assistance Fund (HAF) Program focuses on helping Wyoming homeowners, who have been financially impacted by COVID-19 and meet eligibility criteria, stay in their homes. [Wyoming Homeowner Assistance Fund Program \(HAF\) - Wyoming Department of Family Services](https://dfs.wyo.gov/assistance-programs/home-utilities-energy-assistance/homeowner-assistance/)  
<https://dfs.wyo.gov/assistance-programs/home-utilities-energy-assistance/homeowner-assistance/>

## WYOMING HAF PROGRAM DASHBOARD (UPDATED 08/17/2023)

### HOW MANY WYOMING HOUSEHOLDS HAS THE HAF PROGRAM HELPED?

**1,384**  
Total Households Helped

**\$10.4M**  
Total Assistance Paid

**\$7,520**  
Average Assistance Paid



### STATUS OF HAF APPLICATIONS

**145**  
Currently in Draft

**73**  
On hold pending housing education

**76**  
Submitted Applications Currently Being Reviewed

**1,384**  
Approved & Paid Applications

**HOUSING EDUCATION** **304** cases have successfully completed housing education

### PAYMENT BREAKDOWN

**\$8.6M**  
Delinquent Mortgages

**\$1M**  
Forward Mortgages

**\$384K**  
Utilities

**\$90K**  
Property Taxes

**\$5K**  
Home owners Insurance

**\$24K**  
Homeowner Association Dues

Wyoming Homeowner Assistance Fund Program

APPLY AT [DFS.WYO.GOV/HAF](https://dfs.wyo.gov/HAF)



## Adult and Children's Eyeglasses

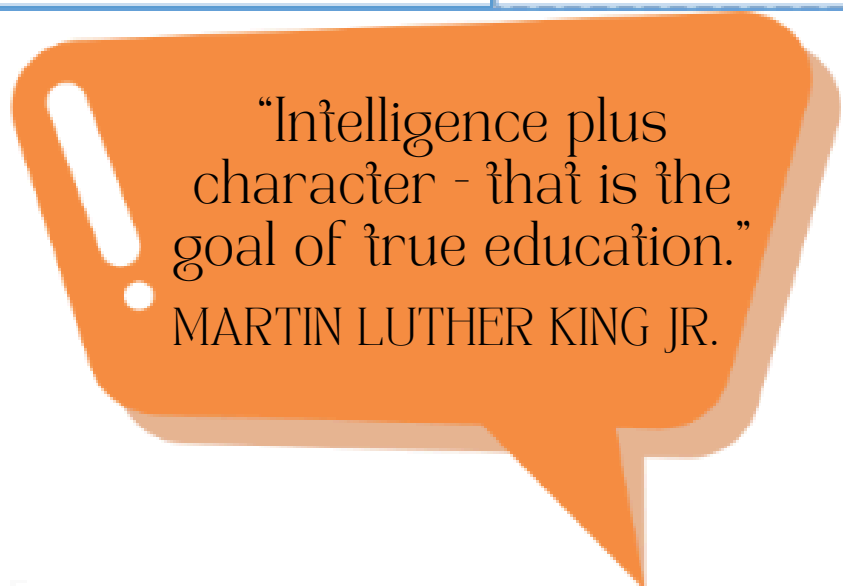
Community Action of Laramie County is now accepting applications for the adult and our children's eyeglass programs. If you are in need of assistance, please complete an application to be placed on our waiting list. You can get an application from our front desk Monday through Friday 8:00am to 5:00pm.

If your child needs eyeglasses, please contact your child's school nurse who will refer them to Community Action of Laramie County to begin the process.

## Older Relative Caregiver Program

If you are, or know of, an older relative who is caring for a younger relative, Community Action of Laramie County has openings for our Older Relative Caregiver Program.

This program connects caregivers to resources in the community, offers a monthly support group and dedicated case management to ensure the success of the family. Our mission is to instill a sense of hope and support to a changing family unit.



Approved Project Hope participants enter into a 1 year contract to receive Intensive case management services to enhance life skills, achieve and maintain their housing, build social skills and community relationships and to address their individual needs with the goal of becoming self-sufficient.



Working in close partnership with the Cheyenne VA Medical Center, our Veteran Housing Services provides short-term housing for homeless veterans as they work with case managers to secure permanent housing.



Crossroads Healthcare Clinic provides primary medical care, mental health services and substance abuse services to individuals and families who are currently homeless and a small percentage of low-income persons who are currently housed.



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